

# Virtual Care anywhere you go

Feeling under the weather but don't have the time to visit your doctor? Or are you out of state?



## ExpressCare Virtual visit

Like FaceTiming with a doctor, you'll have a face-to-face visit with a provider from the convenience of your tablet, smartphone or computer. Services are available nationwide, at no cost\* for most Providence Health Plan members.



## What our Virtual Care treats

- |  |                                    |
|--|------------------------------------|
| ✓ Acne   | ✓ Rashes and other skin conditions |
| ✓ Bladder infection or urinary tract infection (UTI) | ✓ Sprains & strains                |
| ✓ Cough, cold, allergy or chest infection            | ✓ Sinus pain or pressure           |
| ✓ Ear pain   | ✓ Sore throat                      |
| ✓ Eye pain, eye bump or irritation                   | ✓ Yeast infection                  |
| ✓ Flu  |                                    |

\*This service is covered in full for most Providence Health Plan members. HSA plan members pay \$69.

Visit **Virtual.Providence.org** to create your free account today so you're ready when you need it.